

# UJ ACEPS Reflection Series: Health in African Philosophy

ACEPS

African Centre for Epistemology  
and Philosophy of Science



UNIVERSITY  
OF  
JOHANNESBURG



**Date: Tuesday 17th September 2024**

**Time: 11:00 am - 13:00 pm**

**Venue: Boardroom 11th Floor, UJ on Empire**

## The Southern African-centred Account of Mental Disorders

### Abstract:

In this talk, I propose a Southern African-centered account of mental disorders, which defines these conditions in both evaluative and causal terms. It argues that mental illnesses must be understood through value judgments and primary causal factors. According to this account, for a psychological condition to qualify as a mental disorder, it must meet three necessary and sufficient criteria: (1) it must affect the individual's mental state, (2) it must be evaluated negatively by both the individual and society, (3) there must be an identifiable non-physical cause.

### Speaker:

Nhlakanipho  
Hlengwa

### Affiliation:

Department of  
Philosophy,  
University of  
Johannesburg

**Zoom Link: <https://zoom.us/j/99998197428>**

**Organisers:** Dr. Paul Michael, Dr. Garikai Madavo &  
Dr. L. Uchenna Ogbonnaya

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